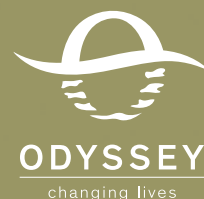


Smashed 'n stoned?

Facilitator Training



Smashed 'n Stoned? gives young people the opportunity to be in the driver's seat and decide for themselves what they want to change about their alcohol and drug use.

What is Smashed 'n Stoned?

Smashed 'n Stoned? is an early intervention programme to assist young people to think about their alcohol and drug use, draw on their own strengths, and make choices that improve their health and wellbeing. It was adapted for New Zealand from the adult guided self-change programme developed by Canadian Professor Linda Sobell.

Smashed 'n Stoned? is designed for 13 to 18 year olds whose alcohol or drug use puts them at risk. It is recommended for groups of three to six young people working with a trained counsellor or youth worker. The programme is not suitable for use as a whole class activity or for use with larger groups of young people.

How does someone become a Smashed 'n Stoned? facilitator?

Smashed 'n Stoned? can only be delivered by counsellors and youth workers who have completed the Smashed 'n Stoned? facilitator training. Trained Smashed 'n Stoned? facilitators are able to work with young people to:

- create a positive environment for open discussion
- help them complete self-reflection and skill development activities
- inspire their curiosity and excitement about self-reflection and uncovering their potential
- learn and practise skills that will help them be more in control of their lives.

About the training

The facilitator training is delivered by the Youth Odyssey team and is two days in length. The cost of training is covered by the Health Promotion Agency. All that it will cost participants (or their organisation) is their time, overnight accommodation (if needed) and cost associated with getting there. See below for dates and locations of training for 2014/15.

To find out more, and to register visit alcohol.org.nz/events

Location	Date
Auckland	December - Thursday 11 th and Friday 12 th
Auckland	December - Monday 15 th and Tuesday 16 th
Auckland	January - Thursday 22 nd and Friday 23 rd
Palmerston North	January - Thursday 22 nd and Friday 23 rd
Christchurch	January - Thursday 15 th and Friday 16 th
Auckland	April - Thursday 16 th and Friday 17 th
Wellington	April - Thursday 16 th and Friday 17 th
Westport	April - Thursday 16 th and Friday 17 th