The Elephant in the Room…

Are you an Asian, African or Middle Eastern woman of Immigrant descent?

- Have you experienced domestic violence?
- Have you accessed counselling in New Zealand?
- Would you be willing to talk about your experience of counselling?

I wonder if you sometimes felt you were not adequately understood in terms of your culture, beliefs and values. I wonder if you were not able to talk about certain issues because your ethnic / cultural / family background may not have been acknowledged…
…These issues could converge to become the metaphorical 'Elephant in the Room'.

My name is Shila Nair and I am a practicing, NZAC registered Counsellor in New Zealand. I am currently doing my Research as a final year Master's Degree student at the University of Auckland. And, I am interested in hearing about the experiences of immigrant women and counselling.

If you are interested in contributing to this research, you can find out more by contacting me on:
snai150@aucklanduni.ac.nz OR cellphone: 027 5347251

The interviews will be conversational and will not last more than one hour. You would be able to review the transcript. All conversations will be kept confidential and stored safely. If you need more information and clarification I would be happy to provide you with that.

(Approved by the University of Auckland Human Participants Ethics Committee on Feb 27, 2017 for 3 years. Reference # 018649)

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