



TOAH-NNEST

Te Ohaakii a Hine - National Network Ending Sexual Violence Together

Tauiwi Caucus - Imagining the Solution

Kia ora, talofa lava, gidday – welcome to the seventh edition of the Tauiwi TOAH-NNEST newsletter “Imagining the Solution” which focuses on primary prevention strategies, activities and programmes to help build communities free of sexual violence.

Please [get in touch](#) with queries or sexual violence prevention activities to share for future newsletters.

This newsletter features local and international resources including a stocktake of prevention activities in Aotearoa Tauiwi and Bicultural agencies. It's also the beginning of Rape Awareness Week 2013, so read what National Rape Crisis have planned!

Te Ohaakii a Hine – National Network Ending Sexual Violence Together (TOAH-NNEST) is a nation-wide network of community organisations, whanau, hapu, iwi and individuals who are specialists in sexual violence prevention and intervention services. TOAH-NNEST is committed to ending sexual violence in our communities, and while working towards this, to minimising the occurrence and impacts of sexual violence.

TOAH-NNEST has a Te Tiriti o Waitangi based structure with two houses: Ngā Kaitiaki Mauri (tikanga Māori) and Tauiwi Caucus.

This newsletter is from Tauiwi Caucus, and includes Bicultural activities. The Tauiwi Prevention Project is co-ordinated by Sandra Dickson and managed by Dr Kim McGregor.

The Tauiwi Prevention Project is fortunate to be supported by an Advisory Group of community stakeholders:

Aimee Stockenstrom (Auckland Sexual Abuse Help)

Tom Hamilton (Rainbow Youth)

Sonya Hogan (Ara Taiohi)

Ann Kent (Abuse and Rape Crisis Support Manawatu)

Tusha Penny (New Zealand Police)

Sue Paton (Health Promotion Agency)

Cornelia Baumgartner (Kidpower Teenpower Fullpower Trust)

Georgia Knowles (National Rape Crisis)

Liz Paton (Family Planning)

Elizabeth Kerekere (Bicultural Advisor, Tiwhanawhana Trust)

Lynzi Armstrong (Wellington Sexual Abuse Network)

Poto Williams

Ken Clearwater (Male Survivors of Sexual Abuse Trust)

Miriam Sessa (Rape Prevention Education)

Ruth Jones (Disability Representative on Taskforce for Violence within Families)

Shasha Ali (Shakti's Ethnic Family Services)

Sheryl Hann (It's Not OK, Ministry of Social Development)

Primary Prevention of Sexual Violence in Tauwi and Bicultural Settings in Aotearoa New Zealand

I'd like to start with a warm welcome to new Advisory Group members Lynzi Armstrong (Wellington Sexual Abuse Network) and Miriam Sessa (Rape Prevention Education). Both bring specific prevention knowledge and skills to the existing highly skilled team.

Media Project

We discussed in our last newsletter the inadequate and inaccurate training in reporting on sexual violence that New Zealand journalists currently receive. These concerns have been raised directly with the New Zealand Journalist Training Organisation, and we have meetings planned with NZJTO and New Zealand Police, with the aim to develop more accurate and appropriate guidelines. The Tauwi Prevention Project has also just developed some key media messages around sexual violence with New Zealand Police senior Adult Sexual Assault Managers. Next newsletter we will be releasing our media audit which examines six months of media coverage of sexual violence in 2012, complete with recommendations for journalists.

Preventing Sexual Violence in Aotearoa New Zealand Survey 2012

We are happy to be releasing the [primary prevention stocktake survey results](#). This report documents programmes, strategies and campaigns being implemented in 2012 around the country to prevent sexual violence.

The stocktake illustrates that the specialist sexual violence sector has developed a range of primary prevention activities and programmes from within a very limited resource base. There is significant interest in further developing shared understandings of primary prevention from a national perspective, including resources which can be rolled out around the country. Read the [Executive Summary](#), the [full report](#), or these factsheets:

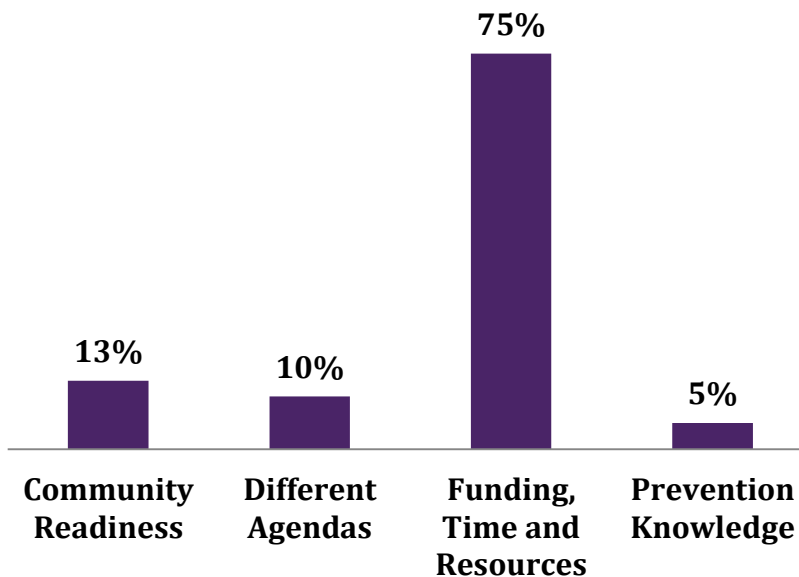
[Factsheet 1](#): Tauwi Prevention Strategies

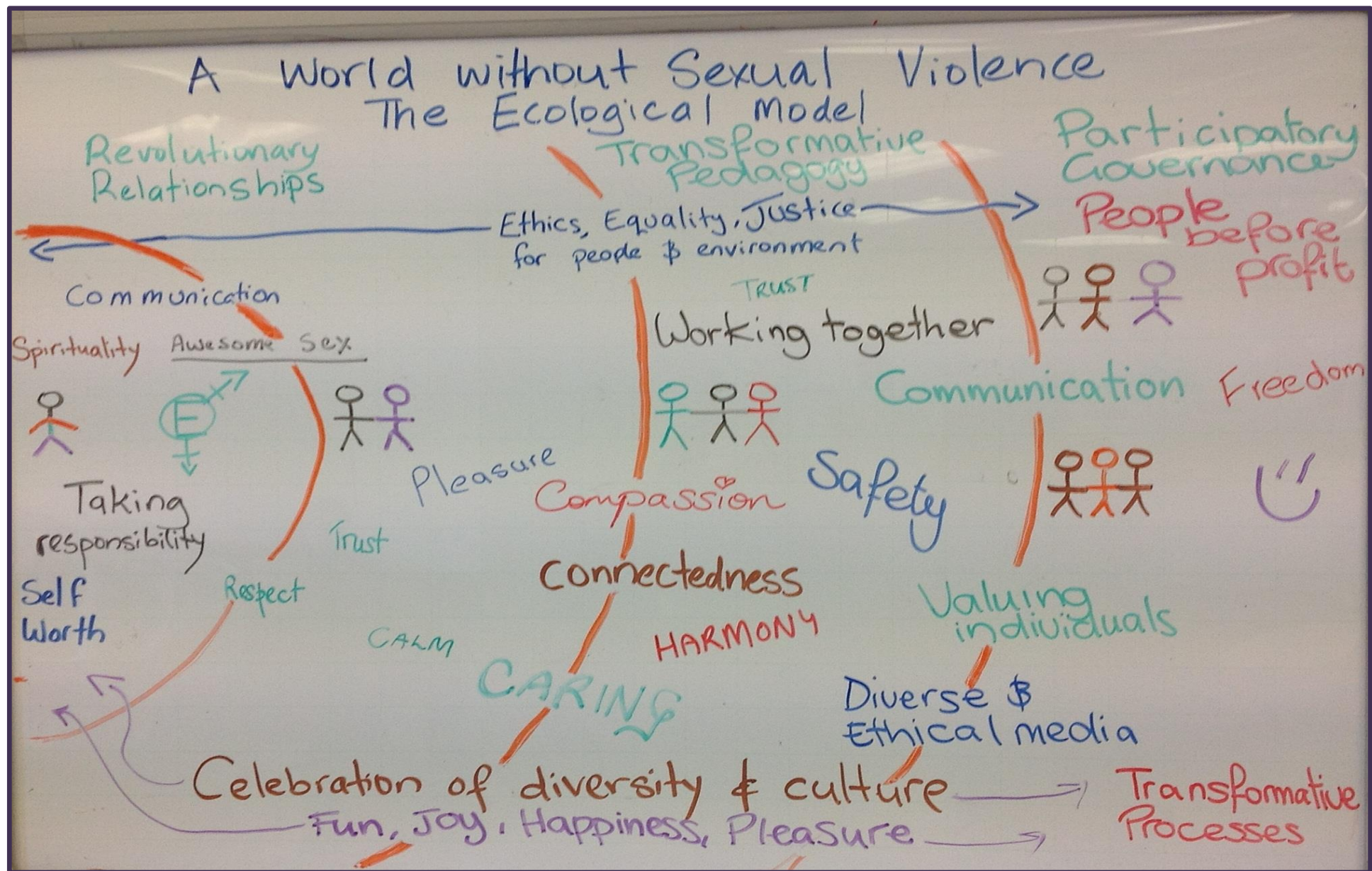
[Factsheet 2](#): Tauwi Prevention Programmes

[Factsheet 3](#): Tauwi Prevention Partnerships and Networks

[Factsheet 4](#): Tauwi Prevention Information, Resources and Support Needs

Challenges in Community Prevention Partnerships





Last year I visited [Rape Prevention Education](#) to meet their new educators and talk primary prevention. I asked them to develop an image of a world without sexual violence as part of "Imagining the Solution".

Showcasing the Local - The exciting sexual violence primary prevention initiatives taking place around Aotearoa New Zealand.

Each edition, “Imagining the Solution” will talk to people doing the work to change social norms and prevent sexual violence. This month, we look at three local projects:

Every May, [National Rape Crisis](#) launch Rape Awareness Week (RAW) to focus attention on sexual violence and their services for survivors around the country. This year RAW runs from 6th to 12th May and launches a brand new national helpline for survivors – **0800 883300** – and a poster campaign “**This is coercion, this is consent.**” Find out [more about RAW](#), contact co-ordinator [Georgia Knowles](#) for more information, or download the [great new resources](#) created by National Rape Crisis.

The [Who Are You?](#) campaign has gone global, featuring in websites and discussions all over the world. To guide the use of this ethical bystanding resource, the **Wellington Sexual Abuse Network** has produced a toolkit they are distributing to the specialist sexual violence sector for free. WSAN’s [Lynzi Armstrong](#) talks about the toolkit and ethical bystanding [here](#).

[Women’s and Girls Self Defence Network](#) Chairperson Alison Broad discusses “**From Isolation to Empowerment,**” which seeks to change disempowering societal attitudes of women as victims. The Ministry of Justice funded project provides culturally and/or geographically isolated women with knowledge, attitudes, skills and strategies to prevent sexual violence. Read the [project outline](#) and the interview with Alison [here](#). You can contact Alison [here](#).



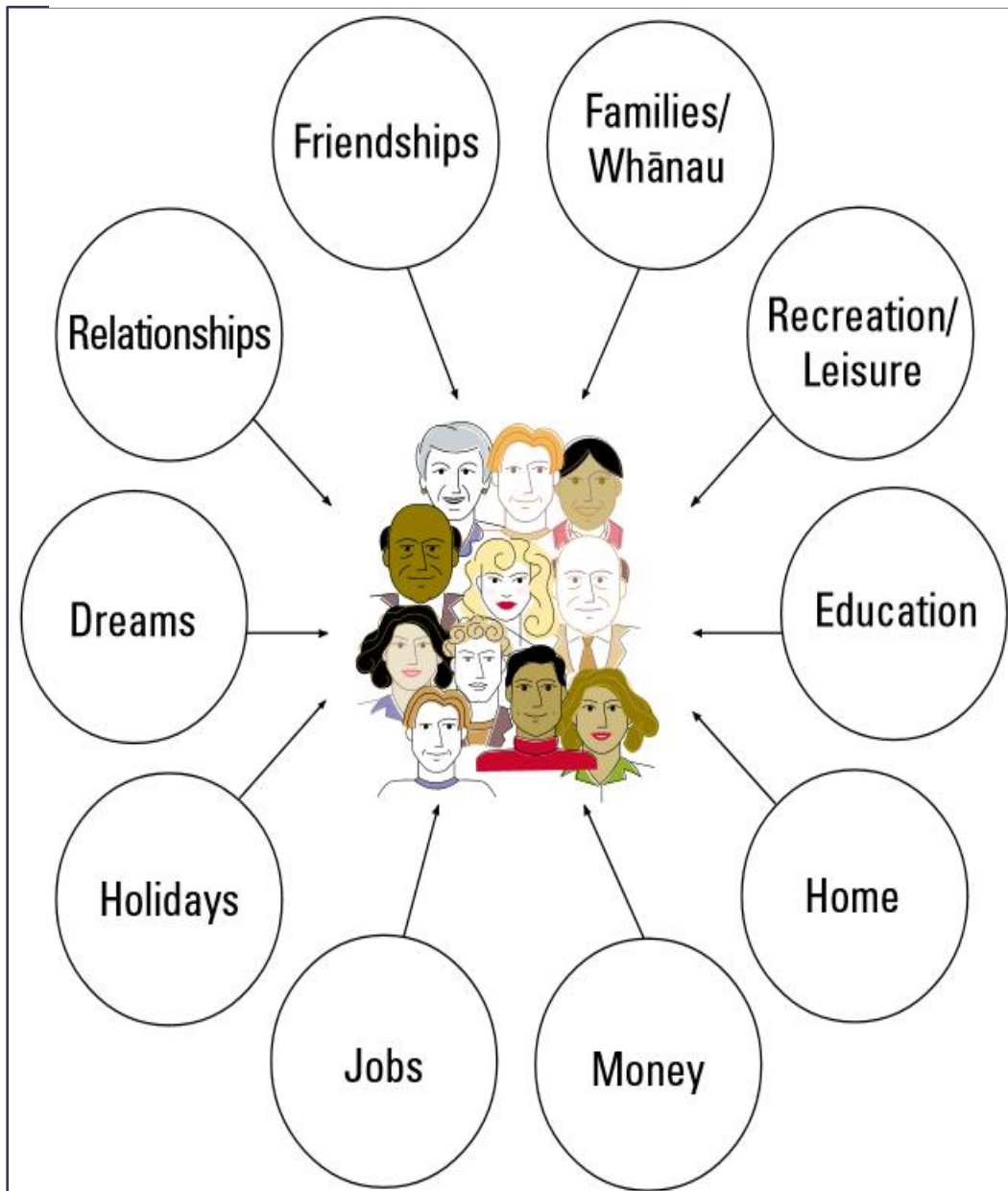
“Imagining the Solution” is on [Facebook](#).

“Like” us and help spread primary prevention of sexual violence messages through your social and professional networks.

We share images and links which promote respect, equality, consent and social norms which support communities free of sexual violence.



The New Zealand Disability Strategy Pictorial Version



[The New Zealand Disability Strategy](#) was developed by the disability sector and disabled people to move New Zealand from being a disabling society to an inclusive society.

Central to the Strategy is the social model of disability, or the interaction between the person with an impairment and the environment.

In order to achieve human rights – including lives without sexual violence – the Strategy argues that we must build societies which do not disable anyone.

“Disability is not something individuals have. What individuals have are impairments. They may be physical, sensory, neurological, psychiatric, intellectual or other impairments.

Disability is the process which happens when one group of people create barriers by designing a world only for their way of living, taking no account of the impairments other people have. Our society is built in a way that assumes that we can all move quickly from one side of the road to the other; that we can all see signs, read directions, hear announcements, reach buttons, have the strength to open heavy doors and have stable moods and perceptions.

Although New Zealand has standards for accessibility, schools, workplaces, supermarkets, banks, movie theatres, marae, churches and houses are, in the main, designed and built by non-disabled people for non-disabled users. This is our history of disability in New Zealand.”

You can download the New Zealand Disability Strategy in braille, audio form, pictorial form, easy to read versions, Word or PDF at the [Office for Disability Issues website](#).

University campuses in the United States have been formally evaluating their programmes to reduce the prevalence of sexual violence on campus for over fifteen years. The challenge of reducing sexual violence is long-term, because effective prevention programming is likely to lead to an increase in disclosures as survivors feel more able to seek help. Recently, a [VAWnet Applied Research paper](#) summarised all evaluation findings. They concluded that links between attitudes and perpetration are still not well understood and require further evaluation. In addition to recommending a whole campus approach, the VAWnet summary concluded:

- Programmes have been effective in increasing knowledge and decreasing rape supportive attitudes, especially in the short term
- Risk reduction/resistance strategy models which avoid victim-blaming (for women) and empathy-based programmes which teach skills in understanding sexual violence from the point of view of the victim (for men) are more effective with single-gender audiences
- Bystander models show clear promise as effective violence prevention programs in both single and mixed-gender groups
- Bystander programs have demonstrated a link between change in attitudes and change in behaviour
- Anti-violence programming reduces in effectiveness over time, but booster sessions can help to maintain positive changes
- Longer and more frequent exposures to interventions result in greater outcomes
- Complex discussions of gender roles and myths which support silence and shame around rape are important to change attitudes
- Effective programs require well-trained prevention practitioners

We are grateful to the following academics for their support with the Tauwi Prevention Project:

Dr Nicola Atwool, University of Otago

Professor Victoria Banyard, University of New Hampshire, USA

Professor Moira Carmody, University of Western Sydney, Australia

Dr Pauline Dickinson, Massey University

Dr Janet Fanslow, University of Auckland

Associate Professor Nicola Gavey, University of Auckland

Associate Professor Jan Jordan, Victoria University of Wellington

David Lee, Director of Prevention Services, PreventConnect, Calcasa

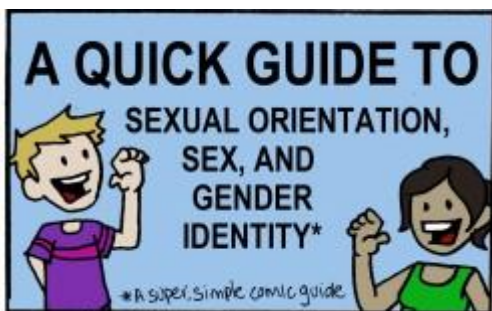
Dr Teuila Percival, University of Auckland

Dr Neville Robertson, University of Waikato

Preventing Sexual Violence in Queer* Communities

Research increasingly indicates sexual violence in queer* relationships and hook-ups may not have received the attention it needs. In Aotearoa, [Youth 2000 research](#) with nearly ten thousand secondary school students found **one in three** questioning, same or both-sex attracted young people reported unwanted sexual experiences in the previous year, higher than the rates for heterosexual young people.

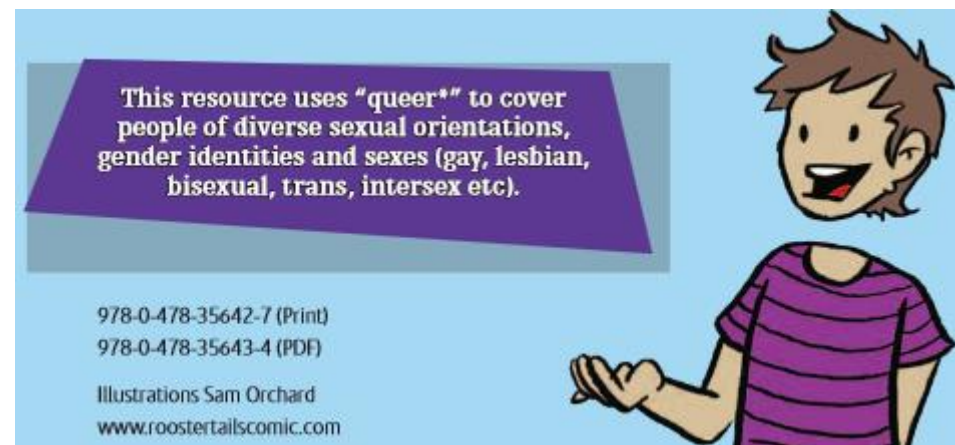
More recently, the Center for Disease Control in the United States [released a report](#) looking at victimisation by sexual orientation. Briefly, they found approximately **1 in 8 lesbians** (13.1%), nearly **half of bisexual women** (46.1%), and **1 in 6 heterosexual women** (17.4%) have been raped in their lifetime. Nearly **half of bisexual men** (47.4%), **4 in 10 gay men** (40.2%), and **1 in 5 heterosexual men** (20.8%) have experienced sexual violence other than rape in their lifetime. The picture is complex, with perpetration not always by same-sex perpetrators, but it seems clear we need to know more to build queer* communities without sexual violence.



The [Human Rights Commission](#) has a new youth friendly educational resource on human rights, sexual orientation, sex and gender identity. “Born Free and Equal” can be ordered free from their website, or downloaded [here](#).

“Born Free and Equal” could be useful in working with young people to build protective social norms

which challenge homophobia, biphobia and transphobia by opening up discussions about queer* identities. It also provides the right language to talk to and about people from sexuality and gender diverse communities.



Finding ways to ensure our prevention work does not make assumptions about sexuality or gender identity is important if we want to be preventing sexual violence for queer* people. Homophobic, biphobic and transphobic bullying has also been linked to [subsequent perpetration of sexual harassment](#). There are lots of reasons, from the perspective of a world without sexual violence, to get this language right.

Sexual Assault Awareness Month (SAAM) 2013



IT'S TIME ... TO TALK ABOUT IT!

Talk early, talk often. Prevent sexual violence.

April is [Sexual Assault Awareness Month](#) in the United States. The goal is to raise public awareness about sexual violence and to educate communities and individuals on how to prevent sexual violence.

This year the SAAM campaign focused on healthy sexuality and its connection to child sexual abuse prevention. The National Sexual Violence Resource Center (NSVRC) produced a number of resources to help communities start talking about healthy childhood development to prevent child sexual abuse.

They complement the New Zealand made [short film](#) we reviewed last year, which also encourages talking to children about their bodies and sexual development in age appropriate ways as a preventative strategy.

The NSVRC resources for SAAM include:

- An [overview of healthy childhood sexual development](#) – age-appropriate behaviours and skills and information on supporting healthy development
- Tool for [community members to support child sexual abuse prevention](#) efforts and promote healthier environments for children
- Tool for parents to [better understand healthy childhood development](#), create safe environments and support their children
- [Breaking down the topics](#) for parents to help identify where more information might be needed
- A tool for us – [prevention leaders – to help engage adults](#) in promoting healthy development and skills

We hope you've enjoyed the seventh edition of "Imagining the Solution." As always, if you have ideas to share or issues you would like to see us cover in the future, [get in touch](#). Ciao for now, Sandra

Sandra Dickson, National Sexual Violence Primary Prevention Co-ordinator – Tauwi Caucus

Te Ohaakii a Hine National Network Ending Sexual Violence Together (TOAH-NNEST)

Ph: 04 385 9179 | Email: tauwiprevention@toah-nnest.org.nz | Like us on [Facebook](#)