



Waka Oranga, National Collective of Māori Psychotherapy Practitioners  
and Auckland University of Technology present:

## *Kia Piki Te Ora Kia Mārama Te Huarahi*

When Health is Uplifted the Pathway is Brighter

## Health Symposium

Friday 10 November 2017

E ngā waka, e ngā mana, e ngā karangatanga maha huri noa i te motu nei i te mihi atu ki a koutou katoa.  
Nō reira, tēnā koutou, tēnā koutou, tēnā koutou katoa.

This one day symposium brings together a skilled and diverse group of speakers to offer their perspectives on *Kia Piki Te Ora Kia Mārama Te Huarahi*; on Māori health and wellness in Aotearoa New Zealand. Presenters are: Moana Jackson, Professor Tim McCreanor, Dr Alayne Mikahere-Hall and a panel of four Waka Oranga psychotherapy practitioners.

### PROGRAMME

|                    |   |
|--------------------|---|
| Friday 10 November | VENUE: AUT South Campus – 640 Great South Road, Manukau<br>Main Entrance, Carpark 1 (Pay and Display)<br>Building MH Level 1, Lecture Theatre 118 |
| 8.30 – 9.00am      | Registration opens  |
| 9.00am – 9.15am    | Karakia. Opening Welcome: Professor Keith Tudor, AUT  |
| 9.20am – 10.30am   | 1 <sup>st</sup> Presenter: Dr Alayne Mikahere-Hall  |
| 10.30am – 11.00am  | Morning Tea   |
| 11.00am – 12.30pm  | 2 <sup>nd</sup> Presenter: Moana Jackson  |
| 12.30pm – 1.15pm   | Lunch   |
| 1.15pm – 2.30pm    | 3 <sup>rd</sup> Presenter: Professor Tim McCreanor  |
| 2.30pm – 3.30pm    | 4 <sup>th</sup> Presentation: Waka Oranga Panel Members   |
| 3.30pm – 4.00pm    | Karakia Whakamutunga and closing  |





## Moana Jackson

Ngāti Kahungunu, Rongomaiwahine and Ngati Porou. Lawyer, Chairperson for Matike Mai Aotearoa. Moana is highly regarded throughout Māoridom and mainstream Aotearoa for his measured and important contribution in the struggles of the Māori people. Moana has recently co-chaired a major Working Group that was charged with developing a new constitution for Aotearoa based on the Treaty of Waitangi. He has also had extensive involvement in health issues in Aotearoa and overseas ensuring proper and appropriate health care and management for Indigenous peoples.



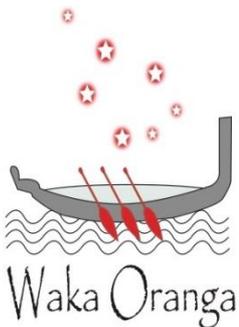
## Professor Tim McCreanor

A senior researcher at SHORE and Whāriki Research Centre, at Massey University in Auckland. Tim's broad public health orientation and interest in the social determinants of health and wellbeing provide a platform for social science projects that support and stimulate social change. His research seeks to foreground, critique and redress the mechanisms of talk, text and other forms of communication that operate to produce, maintain and naturalise the disparities, exclusions and inequities so evident in our society. Tim is a founding member of STIR and Tāmaki Tiriti Workers.



## Dr Alayne Mikahere-Hall

Ngāti Whatua, Te Rarawa, Tainui and Pākehā descent. Alayne is a health researcher with Taupua Waiora Centre for Māori Health Research, AUT. Her research interests include Māori and indigenous health, family violence, psychological and emotional trauma in children and adults, suicide interventions, cultural safety and workforce development. Alayne will present on her research interest where she is currently investigating a contemporary Māori attachment theory utilizing **tūhono** and related concepts such as **tūhonotanga** to shape trauma informed interventions for mokopuna Māori. This research offers a distinctive Māori and uniquely indigenous approach for understanding the nature in which healthy whānau relationships are fostered within a whakapapa social systems construct. Alayne is a founding member of Waka Oranga, a Registered Psychotherapist and a member of the NZ Association of Psychotherapist (NZAP).



## Te Runanga o Waka Oranga

**Margaret Poutu Morice – Ngāti Porou** is a founding member of Waka Oranga and a past rūnanga member. Margaret is a clinical educator for the psychotherapy training programme at AUT. She has worked to advance a Tiriti o Waitangi based model of psycho-therapy practice for all New Zealanders. Margaret will lead the discussions on behalf of the Waka Oranga panelists to speak to the symposium theme.

**Cherry Pye - Ngāti Ranginui, Ngaiterangi** is a founding member and current Treasurer of Te Rūnanga. A member of NZAP, Cherry trained in psychotherapy in the early 1990's and works in private practice in Wellington and the Kapiti Coast. Weaving together the lived experience of wairuatanga and the transformative healing power of aroha, Cherry will convey how Papatuanuku and the western model of attachment theory come together as a Maori model of psychotherapy relevant for the 21st Century.

**Anna Fleming – Ngāpuhi, Tūhoe** is current Secretary of Te Rūnanga o Waka Oranga. A social worker for over ten years, Anna trained at AUT and graduated with a Master of Psychotherapy in 2017. Anna's approach combines her working and personal experiences, focusing on developmental theory particularly from an indigenous Māori perspective. Her presentation will explore the structures within Te Ao Māori that support healthy development and consider the social and legislative processes which affect particularly tamariki and their whanau.

**Wiremu Woodard - Tūhoe** is a founding member and current chair of Te Rūnanga. Wiremu presents Te Whare Kākano - the intersection between clinical and ecological distress. Between 1840 and 1896 the Māori population fell from around 100,000 to 40,000. This rapid decline mirrored a paralleled destruction of wild habitat spaces. The death of ecological and cultural diversity is a direct consequence of imperial colonial project. As global warming and economic calamity ripple across the face of the planet Māori and other indigenous people are again at the frontline of these issues. Wiremu's kōrero is a reflection on the suffering and distress of indigenous peoples as it presents in clinical spaces - the voices of a dying world.



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### REGISTRATIONS

Please print and complete this form by 1 November or use  
Registration Link - <https://goo.gl/forms/ZLMLBDaS3i1WFk4G2>

Name..... Iwi: .....

Occupation: ..... Organisation: .....

Email..... Mobile.....

**Select Registration Fee as appropriate:**

- \$120 for non-members of Waka Oranga
- \$80 Waka Oranga & Associate Members

**I confirm that payment has been made:**

- Direct Credit: Kiwibank 38-9008-0372141-00  
(Please add your name and print your own receipt)
- Or a cheque to Waka Oranga has been posted to:  
Treasurer, Waka Oranga, 115 Waerenga Road, Otaki, 5512

Further information  
[www.nzap.org.nz/waka-oranga](http://www.nzap.org.nz/waka-oranga)  
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