Auckland Women's Centre

Facilitating empowerment and well-being for women

Summer@AWC

Term 1 Courses and Workshops

Aroha Dance	**Fri 16 Feb - 26 Mar, 6.00pm-7.00pm. (6 wks)**	**$5-$10**
Jewellery Making *NEW*	**Thurs 22 Feb - 15 Mar, 11.00am-12.30pm. (4 wks)**	**$8-$20**
Amazing Assertiveness	**Tues 27 Feb - 10 Apr, 6.30pm-8.30pm. (7 wks)**	**$70-$140**
Understanding Money	**Mon 9 Apr, 6.00pm-8.00pm. (2 hours)**	**$10 - $30**
Regenerative Yoga	**Every Tues Morning 9.30am-10.45am. (Weekly)**	**$18-$150**

Workshops for Young Women and Girls

Girls Self Defence **7 - 12 years**	**Fri 6 Apr, 4.00pm-6.00pm &** **Sat 7 Apr, 10.00am-4.00pm. (1.5 days)** **Concessions apply for booking two or more sisters**	**$50**
Poetry and Spoken Word	**Sat 17 Mar, 10.00am-4.00pm. (1 day)**	**$15**
Drama and Story Telling	**Sat 5 May and Sun 6 May** **10.00am-4.00pm both days. (2 days)**	**$20**

Support Groups

Single Mums on Sunday	**Last Sun of Every Month, 12.30pm-3.00pm (Monthly)**	**FREE**

Activities

Feminist Action	**1st Wed of every month, 7.00pm-9.00pm (Monthly)**	**FREE**
Rainbow Women's Social Night	**Last Wed of every month, 7.00pm-9.30pm (Monthly)**	**Gold Coin-$5**

For more information or to enrol: www.awc.org.nz

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