



southcentralwestauckland

Family violence support services for women

Support and education for women affected by violence and abuse

New groups starting in November 2016

Breaking the Cycle: Freedom from abuse and violence

Many women experience abuse in their relationships with their partners or family members. The abuse can be physical, emotional or sexual. The purpose of this programme is to give you the support and practical information you need to increase your safety and rebuild your self-esteem and confidence.

Programme Locations: Grey Lynn, Henderson, & Papatoetoe

For enrolments call: 09 360 4933/ 09 279 8727

or visit: www.innecitywomensgroup.org.nz

Innecity Women's Group has supported women, especially those affected by domestic violence, since 1988.

We are approved by the Ministry of Social Development, Ministry of Justice and Department of Corrections.

All programmes are available free of cost or by donation only