

**Registration Form**

**WORKING WITH PARENTS' ANGER:  
Taking the Heat Off the Child  
Auckland 18 & 19 May 2017**

Name: .....

Agency: .....

Position: .....

Postal Address: .....

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Landline: .....

Mobile: .....

Email: .....

Special Requirements: .....

**Return enrollment:**

Post: **Kairos Development  
PO Box 19, Kihikihi 3841**

Email: [kairosdevelopment@clear.net.nz](mailto:kairosdevelopment@clear.net.nz)

Invoice issued to employers upon request.

**Bank details: 38-9012-0671494-00  
Please reference your name and course location**

Withdrawal from WWPA up to 10 days prior will incur a \$30.00 admin fee.

Withdrawal from WWPA less than 10 days prior will incur a \$125.00 fee, negotiable depending on circumstance.

***Kairos Development***

*Cushla Clark and Selina Reid have worked successfully for over 16 years with groups and individuals in the area of family violence and trauma.*

*This 'Working With Parents' Anger' workshop provides opportunities to develop and expand the ability to work effectively with parents' anger and distress, which results in harm to children.*

*Group-work and experiential methods are utilised to create a supportive environment and to maximize skill acquisition.*

*Each learning module builds on the previous one, therefore full workshop attendance is recommended.*

**Contact: Selina 027 4477107;**

**Cushla 021 0252 7627**

**Email: [kairosdevelopment@clear.net.nz](mailto:kairosdevelopment@clear.net.nz)**

**WORKING WITH  
PARENTS' ANGER**

**Stage One:  
Taking The Heat Off The Child**



**2017 Workshop  
18 & 19 May  
Auckland**

**For people working with parents  
caregivers and families**

**Provided by  
Kairos Development**

# - Working with Parents' Anger -

## Workshop Content

Working with parents whose anger harms their children can be challenging. Understanding anger and how to work with it assists us to intervene effectively; to take the heat off the child, while supporting parents' development.

This 2-day training workshop offers a systemic perspective on both parent-child dynamics and our own practice. You will gain insight and skills to assist parents to manage and resolve anger toward their children.

## Training Methodology

This workshop combines theory and practice, utilizing experiential methods and teaching. Learning occurs in an environment of confidentiality, acceptance and open enquiry.

Participants are encouraged to bring current situations from your work to reflect on during the workshop.

## Workshop Outline

### Day One: Concepts and Skills

Systemic perspectives on learning

Building on current abilities

Understanding Anger:

- Stress and the brain/body
- Primary and secondary emotions
- Understanding escalation
- De-escalation skills

Intergenerational transmission of anger

Personal responses to anger and threat

### Day Two: Application of Learning

Exploring parent-child dynamics

Trauma and anger

Applied practice:

- Re-framing behaviour and motivation
- Maintaining a non-reactive presence with compassion and discernment
- Conflict between child safety and parent development

Resources and support for new learning

**Please note: places are limited to 16.  
Registration will be confirmed on  
receipt of registration form.**

## Participants

This workshop is suitable for a wide range of workers, including those working in community services, health, welfare, social development, education, corrections and justice sectors.

## VENUE:

**Mercy Spirituality Centre  
Te Ngakau Waiora  
104 The Drive, Epsom**

## WORKSHOP FEE:

**\$275 incl. GST**

## Times:

**9.00am – 4.30pm**

**Cushla Clark**  
*(RGON, MAANZPA-associate)*

**Selina Reid**  
*(MAANZPA, MNZAC)*

**kairosdevelopment@clear.net.nz**  
**027 4477107; 021 0252 7627**

